

DR S I STEINHARDT & PARTNERS
 HUCCLECOTE SURGERY
 01452 617295 / 6
 WWW.HUCCLECOTESURGERY.CO.UK



HEALTH MATTERS HUCCLECOTE SURGERY

Volume 5, Issue 2

Apr—Jun 11

Mental & Social Healthcare

Eating Disorders Support Groups

If you or someone you know is affected by an eating disorder our support groups offer you support and help to understand and overcome your eating disorder.

Our adult and carers group meet alternate Tuesdays 7.30pm-9.00pm
 Our adolescents and carers group meet alternate Thursdays 7.30pm-9.00pm

We meet at: The Brownhill Centre, 121 Swindon Road, Cheltenham, GL51 9EZ

For more information on dates and how to join the groups please telephone 01242 634 242.

Anyone with an eating disorder or who is concerned about a relative or friend with an eating disorder can attend a support group.

2gether
 Making life better

Foundation Trust For Gloucestershire **NHS**

Eating Disorder Support Grp	1
Repeat Prescription	1
Surgery Training Times	1
Focus on Midwives	2
Gloucester Stroke Assoc.	2

Hucclecote Surgery Training Sessions

The Surgery will be closed for training on the afternoon of the days listed below :

Weds 13 Apr 11

Weds 18 May 11

Weds 22 Jun 11.

Whilst the Surgery list size is maintained at around 9000 patients, the volume of **Repeat Prescriptions** has risen significantly. In 2007, Hucclecote Surgery issued 48,820 prescriptions, last year it was 53,665, an increase of 10%.

This is partly due to improved disease detection and treatment but also pre-active treatments (eg statins). However, you can help us significantly, by only requesting only those items of medication needed, which will prevent stockpiling and wastage, which is a huge financial burden on the NHS. If you have more than one repeat medication, please try to have repeat requests co-ordinated so that items aren't issued in dribs and drabs. This would then save all of us time and make us more efficient.

You occasionally may receive a letter notifying you of a medication change. The new medication will have been amended by your GP as safe and will have the same effect, but may be a cheaper version, thus saving the NHS financially.

Repeat Prescriptions take 48 hours to process, please do not ask any earlier as this simply delays the process. We cannot take requests over the phone, as errors can occur when patients describe the wrong item and / or the message is garbled and recorded incorrectly. If unable to get to the Surgery then you can either sign up for repeat requests over the internet and / or ask your Chemist to arrange collection for you.



Focus on Midwife Service. Sarah Duffy and Dympna Vaughan are the Midwives based at Hucclecote Surgery. Between them they aim to give your midwifery care during the antenatal and postnatal periods.

Antenatal clinics with us at the surgery are as follows:-

Monday 2.00pm to 4.00pm (last appt 4.00pm) Thursday 2.00pm to 5.20pm (last appt 5.20pm)

Contact numbers: Sarah 07811 404691 Dympna 07811 404782

Mobiles phones are only switched on during community working days.

Other phone numbers:

Community Midwives Office: 08454 225128. There are usually midwives there between 9.00am – 10.00am.

Brockworth Children's Centre 01452 863617 and Delivery Suite (Glos) 08454 225541 – use as emergency contact if own midwife not available or when in labour

If at any time you wish to contact them between visits, please do so by phoning the above numbers or arranging an appointment at the Surgery, or attending the Drop in Clinics.

Midwives Antenatal and Postnatal Drop in Clinics:- (Please note there are a succession of public holidays due these next few months and therefore check for any changes to dates and or timings).

1. Thursdays (Term Time) 1.00pm to 3.00pm Innsworth Infants School, Luke Lane.
2. Fridays 10.00am to 12.00pm Brockworth Childrens Centre, Moorfield Road.
3. Saturday/Sunday/Bank Holidays 10.00am to 2.00pm The Women's Centre, Gloucestershire Royal Hospital. Phone Community Midwives on 08454 225128 to book your drop in appointment at The Women's Centre.

Contact us

Caroline Seguro

Gloucestershire Stroke Peer Support Group Co-ordinator

Phone

01452 520723

Email

caroline.seguro@stroke.org.uk

The Stroke Association

c/o Age UK
Bleak House
28 Station Road
Gloucester
GL1 1EW

Existing stroke clubs

Gloucester, Cirencester, Lydney and Stroud. For more information, contact our regional office on 01392 447364

Get involved!

We'd love to welcome you as part of our volunteer team. To find out more, please contact us using the details above.

About The Stroke Association

We are working for a world where there are fewer strokes and all those touched by stroke get the help they need. The Stroke Association is the only UK wide charity solely concerned with helping everyone affected by stroke.

Website

www.stroke.org.uk

Stroke Helpline

0303 3033 100

We are proud to announce that this service is funded by:



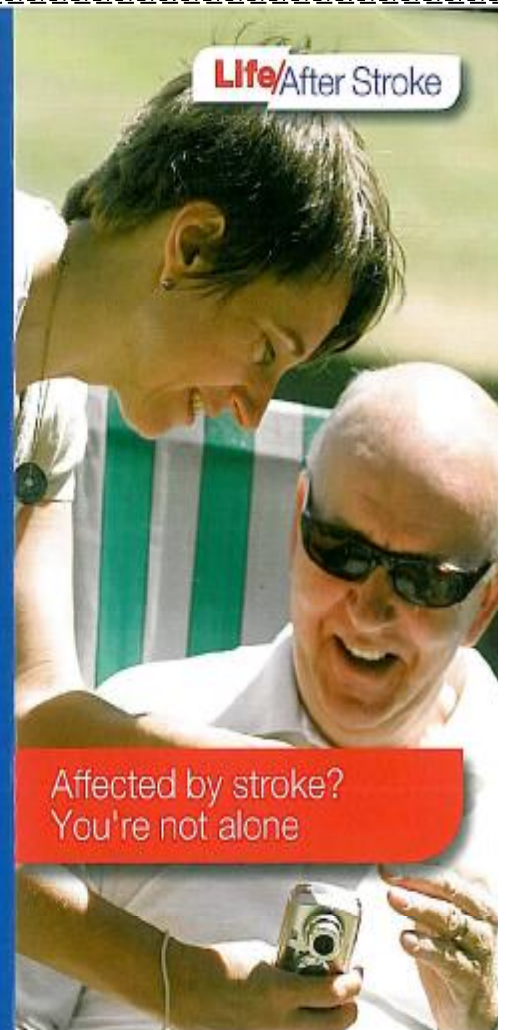
Gloucestershire



CUSTOMER SERVICE EXCELLENCE

The Stroke Association is a Company Limited by Guarantee, registered in England and Wales (No 01274). Registered office: Stroke House, 240 City Road, London EC1Y 2JH. Registered as a Charity in England and Wales (No 211016) and in Scotland (SC033789). Also registered in the Republic of Ireland (No 406) and in Northern Ireland.

Life/After Stroke



Affected by stroke?
You're not alone

